

Urban Conditions and Social Toxins Chart From Radical Healing to Wellness

Figure 1.2. Radical healing model.

| Urban Conditions ⇔ | Urban Social Toxins ⇔ | Radical Healing ⇔ | | Wellness |
|------------------------------------|--|-------------------|---|---|
| Exodus of jobs | Interpersonal | Care | Agency | Social |
| | Violence Fear Shame Uncertainty Nihilism Loss of control | | Hope and optimism Resistance Personal transformation Struggle against racism, sexism, homophobia, classism Political and social awareness Solidarity | Social movements Collective action Liberation Freedom "from" oppression Freedom "to" create Social justice Peace |
| Emerging crack cocaine economy | Structural | Community | | Community |
| | Poverty Family dislocation Lack of access to health care Racism Poor-quality schools | | | Community solidarity Collective consciousness Community power, civic action Relationships, trust, social capital Community thriving |
| Decline of black radicalism | | Consciousness | | Individual |
| Historical and contemporary racism | | Culture | | Political and social consciousness Hope and optimism Voice Freedom to create Resistance |
| | | | | |

Community and Civic Action
Power and Control

Black Youth Rising: Activism and Radical Healing in Urban America
Dr. Shawn Ginwright (2010)