Contrasting the relevance of academic rigor vs. academic vigor to African American cultural themes

Spirituality pervades the traditional African and African American ethos. It's based on the belief that all elements in the universe are of one substance (Spirit) & that all matter, animate or inanimate are merely different manifestations of the God force (Spirit) Resilience is the conscious need to bounce back from disappointment & disaster and to have the tools of humor & joy to renew life's energy. Resilience is related to verve. Verve is desire for creative extemporaneousness-a sense of utter antipathy for the mundane and monotonous, the ability to focus on & handle several issues at once. The idea of transformation (the process of becoming better) is informed by two distinct yet interrelated ideas, verve & resilience. Humanism describes the African view of the whole world as vitalistic (alive) & this vitalism is grounded in a sense of goodness. Communalism denotes awareness of the interdependence of people. One acts in accordance & the notion that the duty to one's family & social group is more important than individual privileges & rights. Orality/Verbal Expressiveness refers to the special importance attached to knowledge passed on through word of mouth & the cultivation of oral virtuosity. Realness refers to the need to face life the way it is without pretense. It's montant adademics academically inappropriate; it's not rational purpose was academically inappropriate; it's not rational purpose of rigor not cholose to emotions & not logical or linear enough. No Humanism So Ers Essence of vigor is vitality in science. No Purpose of rigor not chiefly communal sustainability. Corality/Verbal Expressiveness refers to the special importance attached to knowledge passed on through word of mouth & the cultivation of oral virtuosity. Realness refers to the need to face life the way it is without pretense. It's mot academics was virting academics. Personal Style/Uniqueness refers to the cultivation of a unique or distinctive personality or essence & putting one's own brand on an activity. It implies ap	Augusta Mann's	Rigor	Vigor
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African American expressiveness. demics/studying in classroom	1		

Rigor: strictness, severity, or harshness www.dictionary.com/browse/rigor?s=t

Vigor: strength; vitality; energetic activity; intensity; healthy growth www.dictionary.com/browse/vigor?s=t

Rigor is about the levels/depth of thinking: recognizing/supporting/planning/assessing levels of thinking. It is <u>not</u> about: harder worksheets, AP/Honors courses, higher level books, or more work. <u>www.566.yousendit.com</u>

Vigor: Vigorous, dynamic, and enthusiastic learning; interactive, innovative, and collaborative environments; growth focused; organic and authentic; and reflective for teachers and students. Mike Fisher at www.pbworks.com

IPS Strategic Plan Goal Area I: Teaching & Learning ITEM 1.4 IPS will ensure that rigorous instructional offerings are provided in every classroom by 2018, as measured by district data. www.myips.org/Page/38723

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